



Finnish Cuisine

To provide the theoretical knowledge, practical skills and safe work practices in the preparation, cooking and serving of Finnish cuisine.

Training Outcome/s:

After the training, the participants must be able to:

- Understand the history of Finnish cuisine
- Understand the common Finnish eating habits
- Identify the ingredients used in Finnish cuisine
- Preparation of Finnish cuisine dishes

Entry Standard/s:

Qualified Ship Cooks for upgrading